# God Is Greater Than the Highs and the Lows Tattoo

# Pre-Booking Checklist, Printable One Pager

Print this checklist and take it to your consult. Keep the decisions simple, personal, and future friendly.

Full guide with photos: https://blufashion.com/beauty-hair/tattoos-piercings/god-is-greater-than-the-highs-and-lows-tattoo/

# 1) Meaning and intent

- [] Choose your meaning: Faith based, God is greater or Secular, I am greater
- [] Optional verse short code: Rom 8:38 to 39, Phil 4:13, Isaiah 41:10, Psalm 23:4, Prov 3:5 to 6
- [ ] If secular, write your mantra wording here: \_\_\_\_\_

# 2) Symbol variant

- [ ] Symbol set: **G** > ^ **v** only
- [] Symbol plus text
- [] With cross
- [ ] Cross placement: before G, under the line, integrated in a motif
- [] Spacing style: tight, standard, wider

# 3) Size, stroke, readability

- [ ] Final size at placement: \_ in or \_ mm
- [ ] Stroke thickness target: **1.0 to 1.2 mm** for small layouts
- [] Mockups printed at 90, 100, 110 percent
- [] Wore each mockup for 24 hours and took daylight photos

### 4) Placement and expansion plan

- [] Wrist, inner
- [ ] Forearm, inner
- [] Collarbone
- [] Ankle or foot
- [ ] Behind the ear
- [ ] Finger or side of hand
- [ ] Visibility fit for work or school
- [] Leave negative space to expand later
- [] High fade zones planned for, fingers and ankles

# 5) Personalization add-ons

• [ ] Date: _ <b>/</b> _ /	
• [ ] Initials:	
• [ ] Coordinates:	
• [ ] Motif: mountains, heartbeat, compass, other:	

6) Studio and artist selection

• [ ] Font or handwriting sample attached

- [] Reviewed healed fine line examples by this artist
- [] Asked about studio minimum and touchup policy
- [] Hygiene, consent forms, and ID requirements confirmed
- [ ] Appointment length estimate: \_ minutes

# 7) Budget checklist, USD

- [ ] Small symbol, 80 to 150 dollars
- [] Symbol plus micro text or motif, 120 to 250 dollars
- [] Larger blend with mountains or script, **250 to 500 dollars**
- [] Touchup estimate, 20 to 80 dollars
- [] Deposit due now: \_ dollars

# 8) Day-of prep

- [] Bring government ID
- [] Eat, hydrate, and avoid alcohol for 24 hours
- [] Wear clothing that gives easy access to the spot
- [] Payment method accepted by studio
- [ ] Arrange transport if you feel woozy after sessions

# 9) Aftercare kit at home

- [] Fragrance free gentle soap
- [ ] Light, studio-approved lotion or ointment
- [ ] Non-stick pads or wrap if advised
- [] SPF 30 or higher for healed tattoo
- [ ] Clean pillowcase and breathable clothing

# 10) Post-care schedule

- [] Days 0 to 3, wash gently twice daily, pat dry, light moisturizer
- [] Days 4 to 14, avoid soaking and sun, continue care, expect light flaking
- [] Week 6, send healed photo to artist for feedback
- [] 12 to 24 months, check for touchup if in high friction areas

# 11) Photo and record

• [ ] Take before and after photos in daylight

12) Notes	
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<b>Helpful references</b> - American Academy of Dermatology, sun protection for tattoos - Mayo Clinic, tattoo aftercare basics - CDC, signs of infection	
<b>Questions for your artist</b> 1. Would you adjust the stroke for my placement and skin type? 2. What is the best spacing for readability at this size? 3. How do you prefer we plan for a future add-on or blend?	
Signature: <i>Date:</i> _ / /	

• [] Save font name, spacing notes, stroke thickness for future additions