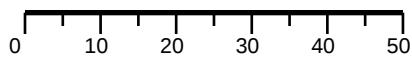


Ring Size Card - Print at 100%

Measure inner diameter or wrap a string for circumference. Use the scale check below.

Scale check: this bar must measure exactly 50 mm



Inner diameter guide (place an existing ring over the circles)



String wrap method

- 1) Wrap a strip of paper or string around the base of the finger.
- 2) Mark the point where the end meets. Lay it flat and measure in millimeters.
- 3) Circumference (mm) ÷ π ≈ inner diameter (mm). Match to the circles above.

Tip: Measure at room temperature. Fingers are slightly larger in the evening.

Quick conversions (approximate)

US	UK	Circumference (mm)
5	J½	49.3
6	L½	51.9
7	M	54.4
8	Q	57.0
9	R½	59.5
10	T½	62.1

Print at 100% scale. Check the 50 mm bar with a ruler.